

## Instructions

First, the child needs to start the Nano silver ASAP. 2 ounces(shot glass) per day with one in morning and one in evening and swish around in the mouth and then swallow. Enclosed is the DOD testing of Nano Silver. The child needs to take Goldenseal/Echinacea and at the age of 8, you will have to reduce the dosage to about half. In the book “Herbal Drugstore” on page 317, you will find Treatment with natural meds for herpes. For adults, full capsule. Even a tea of the goldenseal Echinacea liquid to drink will work as the heat will sooth the throat. In the diets section that is enclosed, close to the back is Juicing. Since the child is having a hard time eating, this will keep up the child’s strength until the virus passes. It will help her stop loosing the weight. Have the child drink chamomile tea and gargle for the first two drinks and spit out the first two of them. Slippery elm tea will help with the pain. Enclosed are cut sheets for the natural meds with the explanation on what they are used for. These items can be purchased at a health food store.